

VARK Learning	Affects on Learning	
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## 2. APA Citation:

Marcy, Vanessa. (2001). Adult Learning Styles: How the VARK Learning Style Inventory can be used to Improve Student Learning. *Perspectives on Physician Assistant Education*, Vol 12, No 2.

### ▪ 3. Purpose of Study

The purpose of the study was to see if VARK learning styles could actually impact student learning, based upon Malcolm Knowles theory that learning should be learner-centered.

## 4. Results/Findings

Based purely on anecdotal evidence, it appears that a simple intervention such as administering a learning style inventory can increase a student's learning. The VARK inventory is a tool that is easy to use and can lead to improved learning for PA students. Based on the comments made to the Emory University PA faculty and the responses to the questionnaire, the VARK inventory already appears to have had a positive impact on the first-year PA students at Emory University who participated in the intervention. PA faculty around the country should be encouraged to incorporate the VARK inventory or other such assessment tools into their curriculum.

## 5. Methods

Mixed Method

## 6. Limitations

- Small sample size
- No concrete data as to how VARK helped improve people's learning other than generate enthusiasm for learning more about it

## 7. Other articles I would like to look at:

Malcolm Knowles Learner-Centered Philosophies.

Fleming ND and Mills C. *Not Another Inventory, Rather a Catalyst for Reflection, to Improve the Academy*. Vol. 11, 1992: 137.

